



## **Parksville-Qualicum Beach Community Update**

Following up on information released by the Regional District of Nanaimo last week and yesterday from the Town of Qualicum Beach, we are providing the information for you in this enewsletter.

Temperatures through the weekend are predicted to be above seasonal. Environment Canada issued a heat warning in effect until Saturday with daytime high temperatures expected to be 31 to 35 degrees Celsius inland and 25 to 29 degrees Celsius near the water. Early morning low temperatures are expected to be 15 to 18 degrees Celsius.

### **Cooling Spaces in Oceanside**

There are several locations in the Oceanside regularly open to the public which offer cooling spaces, such as libraries and recreational facilities.

#### **Town of Qualicum Beach Civic Centre - 747 Jones St, Qualicum Beach**

Open to the public from 10 am to 6 pm from Tuesday, July 26 to Friday July 29. Updates at [qualicumbeach.com](http://qualicumbeach.com)

#### **Oceanside Place - 830 Island Highway, Parksville**

Hours of operation [rdn.bc.ca/recreation-facilities](http://rdn.bc.ca/recreation-facilities)

#### **Ravensong Aquatic Centre - 737 Jones St, Qualicum Beach**

Hours of operation [rdn.bc.ca/recreation-facilities](http://rdn.bc.ca/recreation-facilities)

#### **Qualicum Beach Public Library - 101-660 Primrose St, Qualicum Beach**

Hours of operation [virl.bc.ca/branches/qualicum-beach](http://virl.bc.ca/branches/qualicum-beach)

#### **Parksville Public Library - 100 Jensen Avenue East, Parksville**

Hours of operation [virl.bc.ca/branches/parksville](http://virl.bc.ca/branches/parksville)

#### **Bowser Public Library - 6996 W Island Highway, Bowser**

Hours of operation [virl.bc.ca/branches/bowser](http://virl.bc.ca/branches/bowser)

### ***Residents are advised to take the usual steps to stay cool; here are some suggestions:***

Drink plenty of water and other liquids to stay hydrated.

- Take it easy, especially during the hottest hours of the day (generally 2 pm to 6 pm).
- Seek cooler indoor and outdoor spaces.
- Check in on neighbours, friends, family members, and at-risk individuals.
- Use air conditioning if available.
- Take a cool shower or cool bath.
- Wear a wet shirt or apply damp towels to your skin.
- Close windows and indoor/outdoor shades/blinds by 10 am to trap the cooler air inside and block the sun.
- Open windows and doors at around 8 pm to let the cooler overnight air into the house.
- Use multiple fans to help move cooler air into the home overnight.

**And please, keep your pets safe in the heat.**

Here's a link to last month's [EMO enews](#) with tips and information on keeping pets safe during the summer.

- Never leave pets in a parked car
- Watch the humidity
- Limit exercise
- Don't rely on a fan
- Provide ample shade and water
- Cool your pet inside and out
- Watch for signs of heatstroke



**HEAT RELATED INFORMATION:**

- [Heat safety](#)
- [Extreme weather](#)
- [Extreme Heat Information](#)
- [Staying Healthy in the Heat](#)

Island Health  
Regional District of Nanaimo  
Regional District of Nanaimo  
Government of Canada



**GENERAL INFORMATION**

**Town of Qualicum Beach**

Town Hall is open to the public with full services. Hours of operation are Monday to Friday, 9 am to 4 pm (except statutory holidays). Although the office is open, residents are strongly encouraged to take advantage of the other payment options including payment through your financial institution; mail a cheque; or drop off a cheque at Town Hall drop box (location below). If you do wish to visit Town Hall to conduct business, masks are recommended while in the building.

- Email [gbtown@qualicumbeach.com](mailto:gbtown@qualicumbeach.com)
- Phone 250 752-6921
- Post PO Box 130, Qualicum Beach V9K 1S7
- Mail Slot Out front of Town Hall, near the fountain
- [Website](#)

In accordance with public health orders from the Province of BC, the public is welcome to attend to in-person Council meetings. Council and select staff will attend in person, capacity limits will be monitored, and if required, alternative viewing location(s) will be provided.

## City of Parksville

City Hall is open to the public from 8 am to 4 pm and our operations department from 8 am to 4 pm and closed noon to 1 pm. Information when visiting:

- Masks are recommended while in the building.
- If sick or feeling unwell, please stay home.
- The public is welcome to attend Council meetings in-person; however, attendance is limited. Meetings are webstreamed live and archived from the City's [website](#).
- Refer to the City [website](#) and [Let's Talk Parksville](#) for more information.

## COVID-19 Information

[COVID-19 Resources](#)

[BC Centre for Disease Control](#)

[Island Health](#)

[Vaccine info](#) - 1 833 838-2323

Medical COVID-19 information - 811

### For more information:

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